Concussion Training

Free online course: learn to spot a concussion and get help fast.



Concussion for Students (NFHS Learn)

A free course built with the Barrow Neurological Institute and the CDC. It teaches you how to spot the signs and symptoms of a concussion, what to do about it, and how to help a teammate get help before they get hurt again.

How to complete it

1. Go to the course link below (or scan the QR code).
2. Click **Register For Free** and make an NFHS Learn account with your email.
3. Take **Concussion for Students** and finish every section.
4. Download your **certificate of completion** and send it to your group leader.

Start the course

Scan the code or open this link:

https://nfhslearn.com/courses/concussion-for-students

Cost: Free | Account required | Recommended for students

Questions? Ask your group leader.